

## HOW IT WORKS

Now Available for Hire for Detox Parties during evenings  
Contact for more details.

*\*Conditioning No Alcohol*

## AVAILABLE LOCATIONS



[www.thedetoxshack.co.uk](http://www.thedetoxshack.co.uk)

@byhealthyhut



[WWW.THEDETOXSHACK.CO.UK](http://WWW.THEDETOXSHACK.CO.UK)

Serving healthy, exciting food and drinks to the streets of Leicester! If you're looking for something healthy and unique, we're the place for you!

Now also serving Organic & Natural Superfood and Cosmetics.

EAT GOOD! FEEL GOOD! STAY DETOX!

**THE  
DETOX SHACK**  
by healthy hut

26A MARKET ST, LEICESTER LE1 6DP, UK

**THE  
DETOX SHACK**  
by healthy hut

Where it is all natural and fresh.



Raw.  
Fresh.  
Natural.

[WWW.THEDETOXSHACK.CO.UK](http://WWW.THEDETOXSHACK.CO.UK)

# Nutrients

**Direct to  
your plate.**

"A Healthy Outside  
Starts from the Inside"

- Robert Urich



## JUICES

### #BeetUp

Beetroot, Lemon, Apple

### #HealthyBeast

Beetroot, Ginger, Spinach,  
Kale, Carrot

### #DetoxCleanse

Kale, Spinach, Cucumber,  
Celery, Lime, Apple

### #JamaicaJuice

Passion Fruit, Apple, Ginger

### #Energizer

Apple, Carrot, Ginger

### #StrawberryZing

Strawberry, Lemon, Ginger,  
Apple, Agave

## SMOOTHIES

### #Bananaberry

Banana, Strawberry,  
Blueberry, Raspberry, Organic  
Almond Milk

### #FibreBoost

Avacado, Lemon, Spinach,  
Fresh Apple Juice

### #KaleSmoothie

Kale, Banana, Pineapple,  
Organic Coco Milk

### #PassionColada

Passion Fruit, Pineapple,  
Banana, Organic Coco Milk,  
Agave Nectar

### #ChiaPower

Banana, Dates, Sesame Seeds,  
Chia Seeds, Organic Almond  
Milk

### #TropicalMagic

Passion Fruit, Mango, Banana,  
Organic Coco Milk

## ORGANIC COSMETICS



\*NATURAL SUPERFOOD AND COSMETICS NOW AVAILABLE

## SPECIALS

### #Hangover Special

Spinach, Beetroot, Lemon,  
Apple, Ginger, Agave

### #Muscle Juice

Protein, Spinach, Celery,  
Cucumber, Apple

### #Morning Glory

Banana, Strawberry,  
Blueberry, Raspberry,  
Homemade Coconut Milk,  
Organic Jumbo Oats

### #Hot Detox Specialities

Detox Latte  
Turmeric Latte  
Matcha Latte

Cacao Latte  
Soya Latte  
Organic Cappuccino

Organic Herbal Teas

### #Hulk

Organic Protein, Spirulina, Banana,  
Avacado, Spinach, Homemade  
Coconut Milk

### #Skinny G

Spirulina, Wheatgrass, Spinach,  
Cucumber, Lime

### #Detox Specialities

Detox LL  
Detox Shake  
Detox Salad  
Detox Wrap

## DETOX BOWLS

#TERMERIC

#MATCHA

#MIXBERRY

## LIQUID LUNCH

### #Tropical LL

Fresh Tropical Fruit, Organic Coco

### #Athlete LL

Fresh Seasonal Vegetables,  
Organic Almond Milk

### #Protein LL

Organic Protein Mix, Organic  
Oat Milk

### #Detox LL

Detox Cleanse Juice, Organic  
Oats

### #Superfood LL

Organic Superfoods, Organic Milk

## SHAKES

### #Turmeric Shake

Organic Protein, Banana,  
Organic Turmeric

### #Mix Berry Shake

Seasonal Berry Mix, Soya Milk,  
Fresh Coconut

### #Protein Shake

Organic Protein, Coconut,  
Superfood

### #Detox Shake

Green Juice, Avacado, Banana

### #Omega Shake

Organic Omega Seeds, Organic  
Milk, Organic Pitted Dates

## SALADS/ WRAPS

### #Crisp Quinoa and Chickpea

Black Quinoa, Chickpea

### #Protein Rich

Avacado, Olive, Quinoa, Hemp Seeds,  
Chia Seeds

### #Tangy Chicken

Chicken, Quinoa, Peas, Spinach

### #Greek Cheesy Choice

Greek Feta, Sesame, Kale, Organic  
Couscous

### #Green Lean

Kale, Spinach, Courgette,  
Grape Fruit

### #Crunchy Tuna

Tuna, Spinach, Quinoa,  
Chickpea

### #Grilled Haloumi

Grilled Haloumi, Kidney  
Beans, Chickpea

### #Superfood Special

Fresh Coconut, Superfood,  
Seasonal Vegetables

## DETOX CLEANSE

#1 DAY CLEANSE

GENTLE

#3 DAY CLEANSE

GREEN

#5 DAY CLEANSE

PURE

### PACKAGE INCLUDES

6 X 500ml JUICES  
1 X WHEATGRASS SHOT  
POWERBALL

\*ALL PACKAGES ARE CUSTOMIZABLE. FOR MORE DETAILS PLEASE  
CONTACT US @ THE DETOX SHACK